

# care consultation



## what is a care consultation?

A Care Consultation is a service designed to provide you and your family support while coping with the impact of dementia, from pre-diagnosis to end-of-life. You will receive one-on-one assistance that will enable you to better understand the disease, manage care and make more informed decisions regarding services and treatments.

## When should I receive a Care Consultation?

Any time during the dementia journey. You may choose to schedule follow-up consultations as new concerns arise.

## What type of information will I receive at a Care Consultation?

- Diagnosis information
- Resources and services
- Behavioral concerns
- Communication tips
- Assessment of current needs
- Care options
- Legal and financial resources
- Assistance developing a plan
- Disease progression education
- Doctor information
- Caregiver stress and coping techniques
- End-of-life

## How do I schedule my Care Consultation?

Care Consultations are done in our office or by phone. To schedule an appointment, call 314.801.0414 and leave a message. Someone will call you back to schedule a consultation.

The Alzheimer's Association is pleased to offer Care Consultation services to individuals with memory loss and to family caregivers. Through the generosity of individual donors like you, foundations, and the United Way, we are able to offer this service (valued at \$75) at no charge. Contributions are encouraged and appreciated.