



### What is the Community and Children's Resource Board of St. Charles County (CCRB)?

The CCRB partners with non-profit agencies to provide mental health and substance use treatment services to improve the quality of life for children, youth, and families in St. Charles County.

For every dollar spent in St. Charles County, 1/8 of a cent is dedicated to services for St. Charles County children and teens, up to 19 years of age. The CCRB oversees the administration, allocation, and distribution of funds from this local sales tax.

Efficient funding and high-quality services contribute to St. Charles County consistently ranking in the Top 10 for overall child well-being by Missouri Kids Count.



### Contact

To inquire about services funded or funding applications, please contact:

The Community and Children's Resource Board  
2440 Executive Drive, Suite 214  
St. Charles, MO 63303  
Phone: 636.939.6200  
www.stcharlescountykids.org  
jspencer@scckids.org

### Staff

Bruce Sowatsky, Executive Director  
Michelle McElfresh, Grants Administrator  
Jeanne Spencer, Administrative & Grants Assistant

### CCRB supports programs for youth and their caregivers in:

- Counseling
- Crisis Intervention
- Home and community-based services
- Outpatient psychiatric services
- Outpatient substance use treatment
- Respite
- School-based mental health prevention services
- Services to teen parents
- Temporary shelter for runaways
- Transitional living services

## Children's Mental Health & Substance Use Treatment Resources for St. Charles County

Funded through the CCRB



*Together we can and will make a difference in the lives of our children.*



636.939.6200  
stcharlescountykids.org



Get immediate help or referrals with the  
24/7 Youth Connection Helpline at **1-844-985-8282**  
or **314-819-8802**, or Text **“BSAFE”** to **31658**

COMMUNITY, HOME, & SCHOOL PROGRAMS	SERVICE	PHONE
Big Brothers Big Sisters Boys & Girls Club of St. Charles The Child Center, Inc. Community Council of St. Charles Co. Compass Health Network	Mentorship programs for youth Afterschool & prevention programs Forensic interviews & advocacy Homeless assessment and referral Early identification, school-based mental health, & intensive home-based services	314-361-5900 636-946-6255 636-332-0899 Dial 2-1-1 636-723-8483
Crisis Nursery Eleventh Circuit Family Court F.A.C.T. Foster Adoptive Care Coalition	In-home support for parents Therapeutic supervised visitation Intensive parent support services Parenting support, educational advocacy, & kinship placement for foster & adoptive families	636-940-0742 636-949-3058 636-949-2425 314-367-8373
Gateway Human Trafficking LINC St. Charles County NAMI St. Louis Nurses for Newborns	Human trafficking prevention education Emergency services for families at risk Family support & mental health training In-home health services for pregnant mothers & infants to age 2	636-515-6919 636-332-5127 314-962-4670 636-940-7440
Sts. Joachim & Ann Care Service TREE House of Greater St. Louis United Services for Children Youth In Need	Housing & community support for families Equine-assisted therapy Early childhood education services Teen parenting support	636-441-1302 636-332-4940 636-926-2700 636-757-9413
COUNSELING PROVIDERS	SERVICE	PHONE
CHADS Coalition for Mental Health Epworth Children & Family Services FamilyForward	Family support for suicide prevention In-home family therapy Individual, family, & group; office- and home-based services	314-952-8274 314-918-3301 636-940-1119
Lutheran Family & Children's Services Megan Meier Foundation Saint Louis Counseling Youth In Need	Individual & family Individual affected by bullying Love & Logic program; individual & family Individual, family, & group	636-949-5522 636-757-3501 636-281-1990 636-946-0101
CRISIS/EMERGENCY PROVIDERS	SERVICE	PHONE
St. Charles County Youth Connection BHR & Youth In Need CHADS Coalition for Mental Health	24/7 crisis hotline; runaway/homeless street outreach; Safe Place network Support for at-risk or suicidal youth & their families	636-642-0642 314-469-6644
The Child Center, Inc. Crisis Nursery LINC St. Charles County Saint Louis Counseling	Forensic interviews & advocacy services 24/7 emergency care for children Homeless prevention, individual counseling & music therapy Crisis intervention in parochial schools	636-332-0545 636-947-0600 636-332-5127 636-281-1990

HOUSING & TEMPORARY SHELTER	SERVICE	PHONE
Our Lady's Inn  The Sparrow's Nest Sts. Joachim & Ann Care Services Youth In Need	Housing for pregnant women & their children who are homeless Maternity home for teens Homeless families & children Youth crisis shelter & transitional housing	636-398-5375  636-366-2534 636-441-1302 636-946-0101
PSYCHIATRY & PSYCHOLOGICAL TESTING	SERVICE	PHONE
Epworth Children & Family Services FamilyForward Saint Louis Counseling UMSL Center for Behavioral Health	Psychological evaluations & support Psychological evaluations Outpatient psychiatry Psychological evaluations	314-963-8203 314-968-2350 636-281-1990 314-516-4357
PREVENTION & EDUCATION	SERVICE	PHONE
The Child Center, Inc. CHADS Coalition for Mental Health Compass Health Network Crisis Nursery Kids Under Twenty One (KUTO) NAMI St. Louis Preferred Family Healthcare ThriVe St. Louis  Youth In Need	Child sexual abuse prevention Suicide prevention Violence prevention programs for youth Parent education groups Suicide prevention Crisis Intervention Training (Police) Substance use prevention Interactive, risk-avoidance programming promoting healthy relationships Safe Place presentations	636-332-0899 314-952-8274 636-332-8377 636-940-0742 314-963-7571 314-962-4670 636-332-5835 314-991-7990  636-757-9345
RESPIRE & EMERGENCY CARE	SERVICE	PHONE
Bethany Christian Services Community Living  Crisis Nursery FamilyForward	Home-based respite Center-based respite for youth with developmental disabilities 24/7 emergency care for children Center-based for complex medical needs	314-781-6363 636-949-2546  636-947-0660 314-968-2350
SUBSTANCE USE TREATMENT	SERVICE	PHONE
Preferred Family Healthcare	Comprehensive support for drug & alcohol use treatment; includes evaluations, therapy, and education	636-332-5835

For links to services visit [stcharlescountykids.org](http://stcharlescountykids.org) or call **BHR at 314-819-8802**. Listed services are funded through the CCRB. Agencies may offer additional services which are not funded by the CCRB.