

How You Can Help



Participate in Your Local Walk to End Alzheimer's
Walk to End Alzheimer's is the nation's largest event to raise awareness and funds for Alzheimer's Association care, support and research programs. Find a Walk near you by visiting alz.org/walk.



Join the Fight to ENDALZ on The Longest Day
The Longest Day is the Alzheimer's Association's second signature event. Teams plan their own "fun"draising and awareness events throughout the year. Then, on or near the summer solstice, thousands of teams worldwide unite to honor those facing Alzheimer's long journey. To join the fight, visit alz.org/TLD.

Affair to Remember

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Thanks to the generosity of sponsors and guests we celebrate the Association's milestones while also raising funds to support Alzheimer's research, programs and services.

Volunteer Your Time

We need volunteers to help us spring, summer, winter, and fall! Volunteers are needed to help our special events team with a variety of roles. Help us plan one of our events, volunteer on-site at one of our events, or support us in the office. To learn about becoming a volunteer for Walk to End Alzheimer's, The Longest Day or a program in your community visit alz.org/volunteer.

Lend Your Voice as an Advocate

Alzheimer's Advocates engage state and federal public officials and policymakers in a variety of ways, urging their support for critical Alzheimer's legislation and policy changes to provide a better quality of care and expand funding for research. Whether you prefer



sending emails to legislators, tweeting at legislators, or meeting in person with your elected officials, there are many ways you can make a difference.

Research Funding

One of the largest funders of Alzheimer's disease research, The Alzheimer's Association helped fund over 162 projects in 2019.

TrialMatch

A free clinical studies matching service that connects individuals with Alzheimer's, caregivers, volunteers and physicians with current studies.

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24/7 Helpline (800.272.3900)*

Call 24 hours a day, 7 days a week for information, resources and support about memory loss, dementia and Alzheimer's disease.

Care Consultations

Individualized dementia care planning sessions designed to address the issues specific to families and those living with Alzheimer's disease or dementia.

Early Stage Social Engagement

Meaningful and mentally stimulating activities for individuals with mild memory loss. Greater Missouri Chapter programs include: social/cultural "Meet-Up Events" and "Let's Talk", a telephone based peer-to-peer support program.

Education Classes

Programs are offered online and throughout the community on the 10 warning signs, disease basics, caregiving strategies, Living with Memory Loss and more.

Faith Outreach Initiative

People facing Alzheimer's and dementia often turn to their faith communities for emotional and spiritual support. The Faith Outreach Initiative is a volunteer based program that partners with faith communities through education, support and referrals.

Online Support

Our website (Alz.org/Care) houses a wealth of caregiver resources, online classes, virtual support groups, and more.

*Support available online in other languages.

Safety Services

MedicAlert is a nationwide emergency response service that facilitates the safe return of individuals with Alzheimer's disease or another dementia who wander or have a medical emergency. For more information go to medicalert.org/alz or call 800.432.5378.

Support Groups

Community-based groups for individuals looking to build supportive relationships and share concrete solutions when faced with Alzheimer's disease or dementia. Special groups are available for male caregivers, individuals living with Alzheimer's and adult children.

